

LIT LIBERATION JUNIOR



First Grade
2026- 2027 Scope & Sequence

Wk	Book Title	SEL Skill - from Teaching with the HEART in Mind ©	Unit
1	My Heart	Uses a variety of emotion words	Honor Your Emotions
2	Happy Dreamer	Uses a variety of emotion words	
3	Grump Groan Growl	Uses a variety of emotion words	
4	Allie All Along	Describes how emotions are linked to behavior	
5	Anh's Anger	Describes how emotions are linked to behavior	
6	A Chair For My Mother	Identifies challenges in daily situations	Elect Your Responses
7	Saturday	Identifies tools to manage strong emotions	
8	Wild Peace	Identifies tools to manage strong emotions	
9	Shivi's Big Leap	Identifies tools to manage strong emotions	
10	Brave Like a Lion	Describes behavior patterns	
11	Have You Filled a Bucket Today	Describes how others feel based on body and facial expressions	Apply Empathy
12	The Sweater	Describes how others feel based on body and facial expressions	
13	I am Human	Differentiates between positive and negative self talk	
14	Listening with My Heart	Differentiates between positive and negative self talk	
15	Bravo, Little Bird	Differentiates between positive and negative self talk	

16	Downtown Doors	Understands and appreciates diversity	Reignite Your Relationships
17	Going Places	Contributes to group projects	
18	Nana in the Country	Communicates needs/wants; takes turns; listens	
19	The Interrupting Chicken	Communicates needs/wants; takes turns; listens	
20	This Moose Belongs with to Me	Identifies common conflicts with peers and ways to resolve them	
21	Terry's Many Hats	Describes likes, dislikes, values	Transform with Purpose
22	Looking Like Me	Describes likes, dislikes, values	
23	The Idea in You	Describes likes, dislikes, values	
24	The Girl Who Planted Trees	Identifies steps to address community issues and needs	
25	Extra Yarn	Identifies steps to address community issues and needs	
26	A Place Inside of Me	Uses a variety of emotion words	Integration & Review
27	Where the Wild Things Are	Identifies tools to manage strong emotions	
28	Where Are You From?	Differentiates between positive and negative self-talk	
29	You Are Not Alone	Understands and appreciates diversity	
30	This is How You Know	Describes like, dislikes, values	