

LIT LIBERATION JUNIOR



PreK

2026- 2027 Scope & Sequence

Wk	Book Title	SEL Skill - from <i>Teaching with the HEART in Mind</i> ©	Unit
1	The Way I Feel	Uses a variety of emotion words	Honor Your Emotions
2	Happy	Uses a variety of emotion words	
3	Mindful Mr. Sloth	Connects emotions with bodily sensations	
4	I am a Tornado	Connects emotions with bodily sensations	
5	My Big Bad Monster	Describes how emotions are linked to behavior	
6	Letter to Amy	Identifies challenges in daily situations	Elect Your Responses
7	How to Find a Fox	Identifies tools to manage strong emotions	
8	Jabari Tries	Identifies tools to manage strong emotions	
9	The Most Magnificent Thing	Identifies tools to manage strong emotions	
10	Perfect	Describes behavior patterns	
11	Don't Hug Doug	Recognizes that others may experience different emotions from oneself in similar situations	Apply Empathy
12	The Monster Who Lost His Mean	Recognizes that others may experience different emotions from oneself in similar situations	
13	Repeat After Me	Differentiates between positive and negative self talk	
14	The Magical Yet	Differentiates between positive and negative self talk	
15	Hooray for Hat	Describes how others feel from body/facial cues	

16	If Big Can... I Can	Understands and appreciates diversity	Reignite Your Relationships
17	Brick by Brick	Communicates needs/wants; takes turns; listens	
18	Tool School	Contributes to group projects	
19	Shady Baby	Identifies common conflicts with peers and ways to resolve them	
20	I am Not Your Hat	Identifies common conflicts with peers and ways to resolve them	
21	Lou	Describes likes, dislikes, values	Transform with Purpose
22	How to Be a Lion	Describes likes, dislikes, values	
23	I Got The Rhythm	Describes likes, dislikes, values	
24	The Adventures of Beekle	Describes likes, dislikes, values	
25	Show the World!	Identifies steps to address community issues and needs	
26	I am Okay to Feel	Uses a variety of emotion words	Integration & Review
27	I Knew You Could	Identifies tools to manage strong emotions	
28	I am Enough	Differentiates between positive and negative self-talk	
29	A Friend for Eddy	Understands and appreciates diversity	
30	The Empty Pot	Describes like, dislikes, values	